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Camp Commotion

2024

Camp Pamphlet
Information &
Enrollment

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Camp Logistics



Schedule Information

Preschool Cohort 2.5 - 4.5 yrs	Youth Cohort 4.5 - 8 yrs	Teen/Tween Cohort 8.5 - 14 years
June 24 - July 3 <i>(1.5 weeks; campers must attend all 1.5 weeks)</i>	July 8 - 26 <i>(3 weeks; campers must attend all 3 weeks)</i>	July 29 - Aug 9 <i>(2 weeks; campers must attend all 2 weeks)</i>

- **Days:** Monday - Friday
- **Time:** 9:00am - 3:30pm
- **Languages:** Bilingual English/Spanish
- **Eligibility:** Open to children and youth of all abilities
- **ALL Cohorts Include:**
 - Gross Motor & Sensory-Motor Development
 - Social Skills & Community-building
 - Capoeira, Creative Movement, & Dance
 - Daily Park Play & Weekly Field Trips
 - Literacy & Art Activities

How to Register

1

Apply

Once you have read through the camp pamphlet and know which cohort you would like to register for, you may submit your enrollment application at:
bit.ly/commotion2024



If you need support with the application, please call or email Project Commotion and a staff member will help you.

Phone: 415-252-8059

Email:
armando@projectcommotion.org

Please Note: *this application DOES NOT guarantee you a spot in Camp Commotion. You must proceed through the next two steps before your enrollment is confirmed.*

How to Register

2

Connect

After you submit an application, a Project Commotion staff member will contact you within one week to set up a meeting with you.

At this meeting, you will review your application, information about your child, and go through the next steps of enrollment. Meetings can happen on the phone, on Zoom, or in-person.

Review Application & Student Info: During your meeting with a PC staff member, you will review the application you submitted. Staff will ensure that everything you noted is still true for your family and will adjust anything that needs to be adjusted. Additionally, you and the PC staff member will have a chance to talk about your child(ren), their passions, strengths, challenges, and areas of growth. This will support the PC team in understanding what kinds of activities and supports your child(ren) will need during camp.

How to Register

2

Connect

Review & Register For Pre-Camp Requirements: This summer, PC is **requiring** that **all** camp families attend some Pre-Camp classes and activities. At your meeting with PC staff, they will help you register and write down the dates for these classes and activities.

Campers must register for **at least** 4 Project Commotion movement classes **prior** to the start of Camp Commotion (*children currently enrolled in Las Luciérnagas are excused from this requirement*). This ensures that students have the opportunity to integrate or re-familiarize themselves with the Project Commotion space as well as allowing instructors to get to know the children who will be in camp during the summer. Both of these things promote a smooth transition into camp and an enhanced, joyful experience for campers.

Additionally, families and children must attend one of Project Commotion's **Camp Kickoff** events on either **May 4th 12:30-1:30pm OR May 10th 4:30-5:30pm**. This will be a time for families to connect with one another and meet other folks who will be at camp with their children. Also, this will be a time to get important information about camp details and meet camp teachers.

How to Register

2

Connect

Review Breakdown of Finance Options: Finally, during your meeting, PC staff will discuss Camp Commotion finances with you. They will confirm the rate that you indicated on your application and let you know if we are able to provide you with this level of financial assistance. This will be a collaborative conversation where you and PC staff try to find the best, most comfortable payment plan for you and your family so that you can access camp and so that PC has enough funding to run a safe, joyful community space this summer.



How to Register

3 Confirm Enrollment

After meeting with PC staff, you will have **up to 3 days to confirm your enrollment**. We know that, especially when it comes to money, it can be challenging to make quick decisions, therefore we want to offer these three days as time for you to connect with any other family and community members to confirm if Camp Commotion is the right place for you and your child(ren) this summer.

Once you have made your decision, you can **email or call** the PC staff member who met with you about your application.



How to Register

4 Attend Pre-Camp Classes & Kickoff

After confirming enrollment, make sure your child(ren)'s pre-camp classes and Camp Kickoff meeting are added to your calendar. Remember that these are required events for your child(ren) to participate in Camp Commotion.

If PC staff need anything else from you before Camp Commotion begins, they will contact you. But, other than that, your enrollment is confirmed and we will see you soon!



Camp Logistics



Finances

Project Commotion is able to offer tuition assistance thanks to our grants and donor contributions. We will accept requests for full scholarships and will respond to requests for those slots as they are submitted, according to the pool of funding we have available.

The steps below walk you through how to select a rate you and your family can comfortably pay for summer camp.

Step #1: Find where your family income falls into this chart, according to the 3 groups listed

Once you determine which group you are in, **CIRCLE or WRITE DOWN** your group number.

	Household Size/Annual Income according to Area Median Income Ranges				
Household size	2 Persons	3 Persons	4 Persons	5 Persons	6 Persons
Group 1	under \$57,650	under \$64,850	under \$72,050	under \$77,850	under \$83,600
Group 2	\$57,650 - 80,700	\$64,850 - 90,800	\$72,050 - 100,850	\$77,850 - 108,950	\$83,600 - 117,000
Group 3	\$80,700 - 126,850	\$90,800 - 142,650	\$100,850 - 158,500	\$108,950 - 171,200	\$117,000 - 183,850

Camp Logistics



Finances

Step #2: Which camp cohort are you registering for?

Cohort by age	Preschool Cohort	Youth Cohort	Tween/Teen Cohort
# of days	1.5 wks (8 days)	3 weeks	2 weeks
dates	June 24 - July 3	July 8 - 26	July 29 - August 9
Full cost	\$800	\$1,500	\$1,000



Camp Logistics



Finances

Step #3: Select a fee for the cohort that you are registering for, according to which group you were in at Step #1

Suggested Contribution	Preschool Cohort	Youth Cohort	Tween/Teen Cohort
Group 1: 10% - 40% contribution	\$80 - \$320	\$150 - \$600	\$100 - \$400
Group 2: 40% - 70% contribution	\$320 - \$560	\$600 - \$1,050	\$400 - \$700
Group 3: 70% - 100% contribution	\$560 - \$800	\$1,050 - \$1,500	\$700 - \$1,000

We understand that this system of determining payment is not perfect. If you are **able** to pay at a higher level for Camp Commotion, please do. Your additional support helps Project Commotion offer more tuition assistance to more families.

If you are **not able** to pay the suggested rate for your group, please speak with our staff and we will either move you to a lower paying group or add you to our waitlist for additional funding support.

Camp Logistics

Payment Options

Preschool Cohort

If you are joining our preschool cohort, we accept Early Learning Scholarship (ELS) vouchers from the Department of Early Childhood (DEC).

Youth and Tween/Teen Cohorts:

Project Commotion accepts payments from organizations such as Golden Gate Regional Center and Children's Council as partial or full tuition coverage.

PAYMENT PLANS

Project Commotion offers installment plans for families who would prefer to pay their camp tuition over a longer period of time, rather than in one payment up front. The following payment plans are available:

Two Payments: One payment due within 2 weeks of registration and no later than June 1. The second payment due on or before the **first day** of your child's camp cohort.

Three Payments: One payment monthly between **April and June**, with the final payment due by the **first day** of your child's camp cohort.

Four Payments: One payment monthly between **March and June**, with the final payment due by the **first day** of your child's camp cohort.

How to Pay:
Project Commotion accepts cash, check, card, or PayPal payments in-person or over the phone.

Camp Info & Policies

Registration Policies

Cohort Model:

Camp Commotion is a cohort-based summer program – for the summer of 2024, we will have 3 age-based cohorts. A cohort program means that children sign up for a full session of programming rather than on a week-by-week basis. This means that children will be with the **same** peers for the entirety of their program.



This model allows children to build consistent, meaningful relationships with staff and peers. It makes space for deeper learning and increases the type of support and play Project Commotion instructors can offer. Our unique summer experience puts children's brains and bodies into motion, and helps to bridge the long summer gap in academic learning.

Families who can commit to all weeks of the cohort will have priority in the registration process. It is unlikely we can enroll families who would need to miss 1 or more weeks of their respective cohorts.

Camp Info & Policies

Registration Policies



Cancellation:

If you need to cancel your enrollment at Camp Commotion, please do so as soon as you know you need to cancel. Advance notice allows us to open up a space for a family on our waitlist.

Additionally, our cancellation fees are as follows:

- Before or on May 1, 2024: Full refund
- Between May 2 and 7 days before camp starts: 75% refund
- 1 - 6 days notice: 50% refund
- Less than 24 hours notice: No refund

Camp Info & Policies

Accessibility

Project Commotion welcomes and supports children of all abilities. Regardless of diagnosis status, all students are welcome at PC and teachers take care to connect deeply with families prior to the start of camp to best understand each students' needs.

Project Commotion and our staff have an extensive history in supporting children and youth who have physical, developmental, and social challenges and differences. From children with low muscle tone to children with autism and children who have a history of trauma, our staff and our program structures are prepared to support children where they are at and be an active partner in their growing, learning, and healing processes. We encourage families to be as transparent as possible with our staff during intake meetings so we can make sure the correct supports are in place for you, your child(ren), and your family.





Camp Info & Policies

Accessibility

Project Commotion's space is ADA (Americans with Disabilities Act) accessible, however entering the PC patio does require one to reach an arm over the gate to open it from the inside. There is an ADA accessible bathroom, and our movement studio space is wide and open with opportunities for physical engagement from children with varying levels of physical ability.

Project Commotion does not provide 1:1 aides for children at Camp Commotion. However, if families are connected with and working with 1:1 aides at school or other locations, or they have funding for an aide from organizations like Golden Gate Regional Center (GGRC), Project Commotion is happy to welcome aides into our Camp! If your child will have an aide with them this summer, please let PC staff know about this during your intake meetings.

Finally, Project Commotion is always open to working with specialists who are supporting your children. From mental health therapists to occupational therapists, if your child gets specialist support in/out of school and their specialist would like to come work with them at Camp Commotion, we welcome them into our space. It is important that we can be intentional about scheduling specialist visits, so please let PC staff know about your specialists in intake meetings and we can support you in coordinating their visits to camp.



Camp Info & Policies

Curriculum & Activities

Preschool Cohort: Community is Key

This summer, Camp Commotion Jr. (Preschool Cohort) will explore what it means to be in community with one another and how we can build our social-emotional skills through movement and play. Junior campers will dance, play, explore nature, and build relationships with each other and with camp staff.

Youth Cohort: Gathering Together to Play

Camp Commotion's Youth Cohort will focus each week on a different theme, centering on how youth can be active participants in building community with one another and with teachers through creative movement, play, art, and literacy activities. Sensory-informed learning will be a focus as we support youth in understanding their own bodies, brains, and how they process the world around them.

Tween/Teen Cohort: Guiding our Growth Through Capoeira

Camp Commotion's Tween/Teen Cohort will use Capoeira as a guide for community-building, engaging in justice-driven learning and actions, and building our physical and emotional strength as students enter key developmental periods of their lives. Campers will learn about holistic nutrition practices, how to visualize and set goals for themselves, and how to organize amongst their community to share their passions with the world.

Frequently Asked Questions

Do I need to bring breakfast/snack/lunch for my child(ren)?

Each year, Project Commotion applies for a free nutrition program offers by the Department of Children Youth and Families. We have yet to confirm if we have been accepted to this program yet for the 2024 summer, however, we will keep families updated.

If we are accepted, children will be provided with one meal and one snack during the camp day. If this will not be enough food for your child, please pack them extras.

If your child has any outstanding dietary restrictions or cannot eat food provided by DCYF (which is very similar to school cafeteria food), please let a staff member know so that we can support your child in having the nutrition they need at camp.

What do children need to bring with them each day?

Wear: comfortable clothes they can move in, shoes that can be easily removed

Bring: water, sunscreen, hat, layers

Frequently Asked Questions

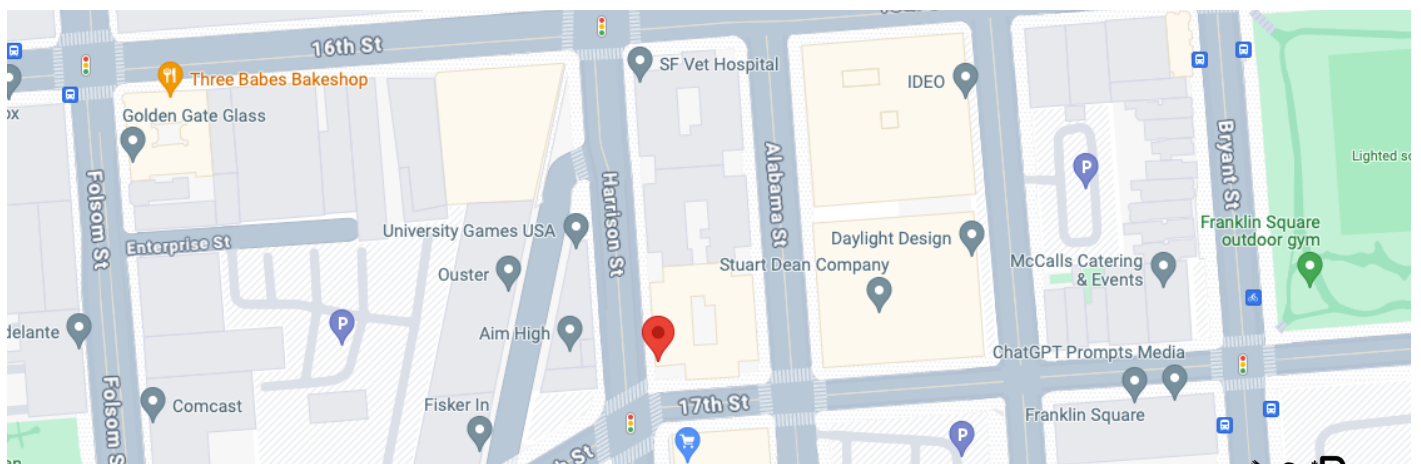
How do we get to Project Commotion?

PC is located at 2095 Harrison St on the corner of 17th and Harrison in the Mission District.

There is a small loading zone outside the Project Commotion patio on Harrison St. that caregivers can use for drop-off, but it is not a long term parking spot.

Street parking is available around the neighborhood though it tends to fill up quickly. There is a small lot next to Franklin Square Park with driveway entrance on 17th street

Transit lines: 5 blocks away from 16th St Mission Bart station, 3 blocks away from the 22, 27, 33, and 55 bus lines at 16th and Shotwell, and 16th and Bryant



Frequently Asked Questions

Why movement-based camps?

2 out of 3 children are NOT moving their bodies enough. The Centers for Disease Control and Prevention recommends children 6 years and older get a minimum of 60 minutes of physical activity daily and younger children should be even more active throughout the day. SFUSD Kindergarten and 1st graders only receive 45 minutes of Physical Education twice per week, with only 35 minutes of unstructured play time per day. Lack of physical activity and play is contributing to learning and behavior challenges, poor mental and physical health, and faltering social skills in our children.

At Project Commotion we understand that movement can foster healthy development in many domains: supporting students' ability to balance and increase their strength, fostering collaboration and relationship-building skills, promoting self-awareness and self-regulation, providing opportunities to process emotions and heal trauma. Intentional movement aids in holistic wellness. And, movement is fun!

Camp Commotion is an interdisciplinary program that offers art, literacy, and other types of learning activities, but we always return to movement at the center of our work. We believe that movement practices can support holistic development and can enhance student's experiences of other types of activities.

Frequently Asked Questions

Why do you have mixed-age group camps instead of smaller grade-based classes?

Project Commotion believes in the power of mixed-age educational settings, especially for students who have a variety of abilities and experience with development. Mixed-age groups allow students to build and practice multiple types of relationships, develop leadership, and learn about child development in developmentally appropriate ways.

At Camp Commotion, children also get to spend time in smaller developmental groups with peers who are at similar developmental stages as them. We conceptualize this as developmental groups rather than chronological age groups because we know children develop at different paces that don't always align with their numerical age.

Why is your application & enrollment process longer than most other camps?

Since Project Commotion runs smaller summer camps and serves high proportions of students with disabilities, special needs, and other developmental differences, it is vital that we deeply understand each child who is coming into the program. Our curriculum and activities are emergent, meaning that we base our programming off of who is in the classroom rather than having strict, pre-set plans. This allows us to make sure that each child is getting the most out of our programs as possible.

To attain this level of individualized curriculum and support, we have to move at a slower pace. One that allows us to get to know each family through 1:1 conversations before we can confirm enrollment. We know this is different than other summer camps in the area, and we are happy to answer any additional questions you may have about this process.

Ready to Apply for Camp Commotion?

Apply At:

bit.ly/commotion24



Contact Us:



415-252-8059



armando@projectcommotion.org

